



DAY 1 - FOUNDATIONS & INSPIRATION

08:30 - 09:30

Registration – Welcome Reception for Conference Participants

09:30 - 11:00

Parallel Workshops

1. Title: "KAWA RIVER Model" (33 participants)

Moderators: Polyxeni Skaltsi, Professor Sofia Martinaki, Afroditi Pantagoutsou, Dr Ilias Vlachos

2. Title: "Appreciative systemic inquiry" (21 participants)

Moderators: Professor Marlen Mouliou, Ioanna Joninda Sula

3. Title: "The Art of Collaboration: Lessons from Art on Prescription" (20 participants)

Moderators: Theodora (Dora) Skali, Lecturer & Maria Ntevé

11:00 - 12:00

Coffee Break

12:00 - 13:30

Parallel Workshops

1. Title: "KAWA RIVER Model" (33 participants)

Moderators: Polyxeni Skaltsi, Professor Sofia Martinaki, Afroditi Pantagoutsou, Dr Ilias Vlachos

2. Title: "Appreciative systemic inquiry" (21 participants)

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3. Title: "The Art of Collaboration: Lessons from Art on Prescription" (20 participants)

Moderators: Theodora (Dora) Skali, Lecturer & Maria Ntevé

13:30 - 15:30

Masterclass

Title: Evidence at scale: What 150 systematic reviews tell us about the health impact of the arts

Moderator: Professor Marlen Mouliou

Speaker: Professor Vicky Karkou

Contributor: Dr Lambros Yotis

15:30 - 16:30

Coffee/Tea & snacks





16:30 – 18:00

Special Screening

Title: "The Other's Shoes" Thessaloniki Concert Hall

Speakers: Mariana Bozapalidou, Elena Nazlidou,
Marina Konstantinidou, Nikos Xanthoulis

Moderator: Professor Sofia Martinaki

Contributors: Dr Margarita Alexomanolaki, Georgia-Antonia Moschou,
Polyxeni Skaltsi

18:00 – 21:30

OPENING CEREMONY

18:00 – 19:00

Greetings

Minister of Culture: Dr Lina Mendoni

Minister of Health: Adonis-Spyridon Georgiadis

**Head, WHO Office on Quality of Care and
Patient Safety in Athens:** Dr João Breda

NKUA Vice-Rector: Prof. Efstathios Efstathopoulos

Greek Psychiatric Society: Panteleimon-Vasilios Bozikas

Argo Federation: Menelaos Theodoroulakis

19:00 – 19:30

Institutional Presentations

19:00 – 19:15

Title: The vision and implementation of AoP in Greece

Speaker: Professor Nikos C. Stefanis

19:15 – 19:30

Title: Administrative structure and organization of AoP

Speaker: Dr Margarita Alexomanolaki

19:30 – 20:30

Keynote Speech

Title: International Developments in Culture & Health

Moderator: Professor Nikos C. Stefanis

Speaker: Professor Daisy Fancourt

20:30 – 21:00

Artistic event

Musical Studies Department Quartet, National and Kapodistrian University of Athens

20:30 – 21:30

Cocktail





DAY 2 - EXPERIENCE & ACTION

08:30 - 09:30

Registration - Welcome Reception
for Conference Participants

09:30 - 11:00

Documentary for AoP

Moderator: Dr Margarita Alexomanolaki

Contributors: Eleni Giannoulis and Dr Ilias Vlachos

11:00 - 13:30

Presentation of the Actions of Cultural Organizations

Audio documents from the Greek National Opera and
Discussion with mental health Professionals and artists on
the process of finding common ground at their work for AoP

Moderator: Dr Lambros Yotis

Contributors: Dr Markella-Elpida Tsihla and Dr Ilias Vlachos

13:30 - 14:30

Light Lunch

14:30 - 16:30

PRESENTATION OF RESULTS FROM THE NATIONAL PILOT STUDIES
ON AOP IN GREECE: BEST PRACTICES, CHALLENGES
AND DIFFICULTIES FROM GREECE

14:30 - 14:50

Dr Margarita Alexomanolaki (Ministry of Culture)

14:50 - 15:00

Eleni Theodoridou (SIBA Soft)

15:00 - 15:30

Quantitative results of AoP

Speaker: Professor Nikos C. Stefanis





Contributor: Professor Argyris Stringaris

15:30 – 15:45

Qualitative results of AoP (Focus groups)

Speaker: Theodora (Dora) Skali, Lecturer

15:45 - 16:00

Qualitative results of AoP (Collective drawings)

Speaker: Dr Lambros Yotis

16:00 - 16:30

Q & A

16:30 – 17:00

Coffee Break

17:00 – 18:00

The Voice of the Beneficiaries

Statements or video testimonials
from participants at the AoP

Moderator: Afroditi Pantagoutsou

Contributor: Dr Katerina Mavromichali,
Professor Marlen Mouliou

18:00 – 18:30

Artistic Performance

National School of Dance (KSOT)





DAY 3 - POLICY & FUTURE

09:30 - 10:00

Registration – Welcome Reception
for Conference Participants

10:00 - 11:30

Presentations of OMC results and proposals

Presentations by OMC National Representatives - Showcasing European Practices in
Culture & Health

Moderator: Dr Margarita Alexomanolaki

Speakers:

- **Monica Urian** (European Commission, DG Education and Culture)
- **Edith Wolf-Perez** (Arts for Health Austria)
- **Mafalda Folque** (Ministry of Culture, Youth and Sports, Portuguese Republic)
- **Ana Zão** (Ministry of Health, Portuguese Republic)

11:30 – 12:00

Coffee Break

12:00 – 13:00

European Roadmap for Art on Prescription

Moderator: Professor Nikos Stefanis

Speakers:

- Nils Fietje (WHO Europe)
- Professor Vicky Karkou (Edge Hill University)
- Kornelia Kiss (Culture Action Europe)

13:00 -14:00

Learning from Others: Reflections on the Greek Art on Prescription Program

Moderator: Professor Nikos C. Stefanis

Speakers:

- Nils Fietje
- Professor Vicky Karkou
- Kornelia Kiss





14:00 – 14:30

Light Lunch

14:30 – 15:30

The psychiatrists' perspective

Moderator: Professor Nikos C. Stefanis

Speakers:

- Georgia Georgopoulou
- Vasiliki Irini (Valia) Karagiorga
- Evaggelia Psarra
- Mirjana Selakovic
- Gerasimos Tsinaridis

Contributor: Dr Ilias Vlachos

15:30 – 16:00

Artistic Program

Natalia Rasouli and "Rythmos" orchestra

16:00 – 16:30

Coffee Break

16:30 – 17:30

Final Session – Conclusions & Next Steps

Moderators: Professor Nikos C. Stefanis – Dr Margarita Alexomanolaki

In parallel from day 1 to 3

- Poster Session by the cultural organisations (translation via QR from English to Greek) – 1st floor
- Collective drawings of the art activities – 1st floor
- Video screening rooms – 1st floor
- Creativity rooms – 1st floor





International Invited Speakers & Experts

- **Dr. João Breda**
Head of the WHO Athens Quality of Care & Patient Safety Office,
Special Representative & Officer in Charge in Greece
- **Professor Daisy Fancourt MA(Oxon) MM PhD FHEA FRSA FRSPH**
Professor of Psychobiology & Epidemiology Head, Social Biobehavioural Research Group Director,
National Centre for Social Prescribing Data & Analysis Director, World Health Organisation
Collaborating Centre on Arts & Health, Research Department of Behavioural Science and Health
- **Professor Vicky Karkou (they/them), PhD, MD (honoris causa), MEd, PgDip, BEdSc**
Professor, Arts and Wellbeing, Edge Hill University Director, Research Centre for Arts and Wellbeing
Leading international expert in arts, health, wellbeing, and cultural Prescribing
- **Nils Fietje**
Regional Advisor, WHO Europe Culture, health and public policy in Europe
- **Kornelia Kiss**
Senior Policy Advisor Culture Action Europe

EU OMC (Open Method of Coordination): Group on Culture and Health Representatives

- **Monica Urian**
(European Commission, DG Education & Culture)
- **Edith Wolf-Perez**
(Arts for Health Austria)
- **Mafalda Folque**





(Ministry of Culture of the Portuguese Republic)

- **Ana Zão**

(Ministry of Health of the Portuguese Republic)

Greek Speakers

- **Dr Lina Mendoni**

Minister of Culture of Greece

- **Adonis-Spyridon Georgiadis**

Minister of Health of Greece

- **Nikos Stefanis**

MD, PhD, FRANZCP, Professor of Psychiatry Chairman, 1st Department of Psychiatry, Eginition Hospital, NKUA Deputy Chairman, University Research Institute of Mental Health, Neurosciences & Precision Medicine "Kostas Stefanis" (UMHRI) Scientific Lead, Greek AoP Prescription Programme Chair of the Aop International Conference

- **Margarita Alexomanolaki**

PhD, MA, Mmus, Head of the Directorate of Performing Arts and Cinema, Ministry of Culture
Head of Art on Prescription Programme, Musicologist, National School of Public Administration

- **Mariana Bozapalidou**

PhD, MMus – Musicologist, "The Other's Shoes" Thessaloniki Concert Hall

- **Panteleimon-Vasilios Bozikas**

Professor of Psychiatry, Aristotle University of Thessaloniki
President, Hellenic Psychiatric Association

- **Maria Devé**

MSc Psychologist, Scientific Director, Day Centre of P.E.P.S.A.E.E.

- **Efstathios Efstathopoulos**

Vice-Rector, National and Kapodistrian University of Athens, Professor of Med Physics, School of Medicine, President of the Executive Committee at the Hellenic Society of Nanotechnology in Health Sciences

- **Georgia Georgopoulou**

MSc Psychiatrist, Psychodynamic Psychotherapist, Consultant Psychiatrist (Grade A)
Head of the Specialized Outpatient Clinic for Psychoanalytic Psychotherapy,
General Hospital of Athens "Evangelismos" Candidate Group Psychoanalyst

- **Eleni Giannoulis**

PhDc (UCA Fine Arts, UK), MA, MSc, ECPh, Clinical Psychologist, Neuropsychologist, Art Psychotherapist, 1st Department of Psychiatry, Eginition Hospital, NKUA
Founding member, European Federation of Art Therapy (EFAT) Supervisor in expressive therapies,
Group Analyst (in training), Member of the UMHRI AoP Research Committee





• **Vasiliki Irimi (Valia) Karagiorga**

MD, FAPA, Assistant Professor (Voluntary Faculty), Department of Psychiatry, Icahn School of Medicine at Mount Sinai Child, Adolescent and Adult Psychiatrist, Double Board-Certified by the American Board of Psychiatry and Neurology (ABPN)

• **Marina Konstantinidou**

Set Designer, "The Other's Shoes" Thessaloniki Concert Hall

• **Sofia Martinaki**

MSc, PhD, Post-Doctoral Researcher, Associate Professor of Clinical Social Work Department of Social Work, University of West Attica Scientific Associate, 1st Department of Psychiatry, Eginition Hospital, NKUA, Member of the UMHRI AoP Research Committee

• **Katerina Mavromichali**

PhD, MA CCI (KCL) , Archaeologist – Museologist | Cultural Mediator post-trained in Art Therapy (BAAT-CPCAB), Ministry of Culture: Directorate of Archaeological Museums, Exhibitions & Educational Programmes General Secretary, European Federation of Art Therapy (EFAT) Member of the AoP Research Committee

• **Georgia-Antonia Moschou**

MA, Msc, Musicologist - Cultural Management, Directorate of Performing Arts and Cinema, Ministry of Culture

• **Marlen Mouliou**

MA, PhD, Assistant Professor of Museology Department of History and Archaeology, National and Kapodistrian University of Athens Member, Interdepartmental Committee of the MA in Museum Studies, NKUA, Coordinator of the NKUA CIVIS Open Labs, Member of the UMHRI AoP Research Committee

• **Elena-Ioanna Nazlidou**

PhDc, MSc – Psychologist and Psychotherapist, "The Other's Shoes" Thessaloniki Concert Hall

• **Afroditi Pantagoutsou**

Psychiatric Occupational Therapist – Art Psychotherapist, 1st Department of Psychiatry, Eginition Hospital, NKUA Member, European Association for Psychotherapy (EAP) & EFAT Art therapy supervisor and collaborator of EMST, Member of the UMHRI AoP Research Committee

• **Evangelia Psarra**

MD, MSc, Psychiatrist, Community Mental Health Centre for Adults with Child Guidance Services, Pagkrati, 1st Regional Health Authority of Attica – Sector of Mental Health Services (PEDYPSY) MSc in Social Psychiatry and Child Psychiatry, University of Ioannina MSc in Neurosciences, University of Crete

• **Mirjana Selakovic**

MD, MSc, Consultant Psychiatrist, Family Therapist, Youth psychiatrist, Department of Psychiatry GH "Sismanogleio" Athens





• **Theodora (Dora) Skali**

MSc, PhD, Faculty Member in Psychology & Psychotherapist (Systemic, Family & Group) ECP, GCP
Medical School-1st Department of Psychiatry, Eginition Hospital, NKUA
Scientific Director of the 10306 Psychosocial Support Helpline, Member of the UMHRI AoP Research Committee

• **Polyxeni Skaltsi**

MSc, MRCOT, Occupational Therapist – Psychotherapist (VEDPSY)
Mental Health Expert, European Foundation of Occupational Therapy
1st Department of Psychiatry, Eginition Hospital, NKUA, Member of the UMHRI AoP Research Committee

• **Argyris Stringaris**

MD, PhD, FRCPsych, Professor at University College London and NKUA, Child and Adolescent Psychiatrist and Neuroscientist, Member of the UMHRI AoP Research Committee

• **Ioanna-Jonida Sula**

Psychologist, MSc, PhDc, Systemic Family therapist, External Collaborator of Neuropsychological Laboratory, 1st Psychiatric Department, Eginition Hospital, NKUA

• **Eleni Theodoridou**

Chief Executive Officer (CEO), SIBA Soft S.A., AoP Project Manager

• **Menelaos Theodoroulakis**

PhD, Social Policy and Social Anthropology
President of the Board of Directors of the Federation of Psychosocial Rehabilitation and Mental Health Recovery "ARGO"

• **Gerasimos Tsinaridis**

MD, MSc, Psychiatrist, Senior Ψ, AoP, Thessaloniki Concert Hall

• **Markella-Elpida Tsihla**

PhD, Post Doc, Post Doc, MA, Msc
Art Historian – Museologist – Cultural Management Specialist,
Directorate of Performing Arts and Cinema, Ministry of Culture

• **Ilias Vlachos**

MD. PhD, Psychiatrist – Group Analyst
Scientific Associate, 1st Department of Psychiatry, NKUA Secretary of the Art & Psychiatry Section,
Hellenic Psychiatric Association, Associate Professor Psychology, School of Science and Technology,
American College of Greece-Deree, Member of the UMHRI AoP Research Committee

• **Nikos Xanthoulis**

Composer and author Scientific Associate, Academy of Athens
Corresponding Member, Archaeological Institute of America
"The Other's Shoes" Thessaloniki Concert Hall





• **Lambros Yotis, PhD**

Psychiatrist – Dramatherapist (PgDip, University of Hertfordshire, UK), Dramatherapy Supervisor, Scientific Associate at EIPSI, Head of the Greek Playback Theatre Training (CPT Associated Training, NY), Member of the UMHRI AoP Research Committee

Conference Committees

Organising Committee

President

- **Nikos C. Stefanis**

Members

- **Margarita Alexomanolaki**
- **Eleni Giannoulis**
- **Eleni Kavadia**
- **Markella-Elpida Tsihla**

Administrative Support

- **Varvara (Valia) Katsafadou**

Scientific Committee

President

- **Nikos C. Stefanis**

Members

- **Margarita Alexomanolaki**
- **Eleni Giannoulis**
- **Sofia Martinaki**
- **Katerina Mavromichali**
- **Marlen Mouliou**
- **Afroditi Pantagoutsou**
- **Theodora (Dora) Skali**
- **Polyxeni Skaltsi**
- **Argyris Stingaris**
- **Markella-Elpida Tsihla**
- **Ilias Vlachos**
- **Lambros Yotis**

